

# TESTIMONIALS

“Both teachers and students gained awareness through the anecdotes shared, post-sharing conversations and further self-directed research into the topic. **As aptly put, this cause is certainly about “more than me”, and in the long run, these group of students who have learnt about these will grow to be more sensitive to others’ needs.**”

*Ms Teh Ting Ting  
CHJ Secondary (Lead Teacher/ Art)  
Design Competition*

“We believe that incorporating this competition into our curriculum has been an enriching and eye-opening journey not just for our students, but also us as teachers. **Our students were very engaged when creating their art pieces and writing their essays and have learnt not just skills in art making or writing, but developed values and build competencies that are in line with the CCE desired outcomes. It has been such an educational and meaningful journey for all of us involved.**”

*Ms Dzafriah Hakim  
Hougang Secondary School  
On behalf of Art & EL Department  
Design & Essay Competition*

“Students were given a chance to explore beyond identity and social problems, they were given an opportunity to reflect on the importance of taking care of their health, caring for others, and empathizing with others. The games conducted by the vendor as trigger activities and real stories case study for discussion were meaningful. My students were engaged and the presentation sent a clear message of the competition criteria. During the making progress, students went back to research their ideas and image manipulation independently. The masterpiece becomes a meaningful artwork with a purpose and all my students have enjoyed it!

“Participating in this competition has **spurred our students to think beyond the biology of shifting organs from one body to another. It triggered deeper thinking and a stronger sense of responsibility in society.** Many students are aware of HOTA (Human Organ Transplant Act), but they also delved into areas unknown even to adults, such as the presence of MTERA (Medical (Therapy, Education and Research) Act). The talk was interesting and has engaged our secondary school students, especially learning how patients on dialysis suffer a lot more than we realised. ... **Students shared that the presentation was very valuable as the interviews screened provided rich insights into the emotional journeys of various stakeholders.**”

*Biology Teachers  
CHIJ St. Nicholas Girls' School  
Essay Competition*

As a teacher, I enjoyed guiding my students in completing the competition, it's also an opportunity for me to scaffold a topic that is CCE related. ... This competition also allows teachers to build rapport with our students through discussion and their opinions towards organ donation.”

*Ms June Ang  
Beatty Secondary School (Teacher/Art)  
Design Competition*

# LIVE ON

## Festival 2023

### ESSAY COMPETITION

#### TYPES OF ESSAYS

- Choose one  
(1) Continuous writing  
(2) Situational writing

#### CATEGORIES

- Junior (Sec 1 - 2)  
Senior (Sec 3 - 5)  
Open (13 years old & above)

Live On Festival

ESSAY COMPETITION

#### THEMES

- Choose one  
(1) My organ, my companion  
(2) Our transformative journey

#### CATEGORIES

- School (Sec 1 - 5)  
Open (no age limit)

### DESIGN COMPETITION



Attractive prizes to be won.

**CLOSING DATE** 26 May 2023

# CONTACT US

✉ [liveonlivetwice@notu.com.sg](mailto:liveonlivetwice@notu.com.sg)

☎ 6321 3649 | 6326 5878

🌐 <https://www.liveon.gov.sg/festival.html>

FOR MORE INFO:



A meetup session can be arranged at the school's convenience for a discussion on the competitions and the operational aspects in the curriculum.

Organised by:



Please flip over for more details.

# ABOUT DESIGN & ESSAY COMPETITION

Live On Festival (LOF) is organised by the National Organ Transplant Unit (NOTU), Ministry of Health. NOTU oversees both living donor and deceased donor organ transplants and is also responsible for the promotion of altruistic act of organ donation. and transplantation activities in Singapore.

## OBJECTIVES

LOF celebrates having participants, youths in particular, in expressing their thoughts on organ donation and transplantation through art and writing. LOF serves as a platform for exploring values of responsibility, compassion, empathy and altruism through the delicate and emotive nature of the topic of organ donation and transplantation.

The featuring of organ donation and transplantation also exposes participants to a relatively new topic, integrating lessons on altruism with medical and scientific advancement in the field of organ transplantation. Participants will be able to gain insights on the delicate and emotive nature of organ donation and transplantation.

## IMPLEMENTATION

Teachers can choose from the essay and/or design competition for the students to participate in. The competition is tailored and targeted towards specific groups of students (e.g. lower secondary or upper secondary students) in the upcoming academic year. NOTU will provide a 45-minute interactive sharing session (during CCE, English, Art, Science lessons, assembly or CCA session) with the students to provide them with information on the topic of organ donation and transplantation.

# DESIGN COMPETITION

## CATEGORY

**School<sup>1</sup>:** All MOE secondary schools

**Open:** No age limit

<sup>1</sup>including institutions offering Integrated Programme (IP) (Year 1 - 4)

## SPECIFICATIONS

### Traditional Artworks

Artworks must be flat, between A4 and A3 size, and able to be scanned on a flatbed scanner.

### Digital Artworks

**Adobe Illustrator:** A4 size, 300 dpi (2,480px on shortest edge, 3,580 on longest edge).

**Adobe Photoshop:** A4 size, 600 dpi (4,960px on shortest edge, 7,016 on longest edge).

**Autodesk Sketchbook / Procreate:** 3,508px on shortest edge, 4,960 on longest edge or artboard size of 594 x 841 mm (A1 size)

Participants will stand a chance to win attractive prizes and gain an opportunity to showcase their work publicly. Top three winning designs from each category will be printed onto tote bags as collaterals for publicity events.

## Design Themes

**My organ, my companion** invites participants to envision their organ(s) as their friend whom they would communicate with and/or befriend and to imagine going on an adventure together. If the organ(s) were your real life friends, what kind of activities would you engage in with them? The selected organ(s) can be (i) a failing organ and you would like to bring this organ for a last adventure; (ii) a new organ and you would like to bring the new organ to try out activities that you previously could not do; or (iii) a healthy organ that you cherish deeply and would like to bring the organ for an adventure or to engage in your favourite activity.

**Our transformative journey** invites participants to reflect or to imagine on (i) a past to present; or (ii) a present to future journey, showcasing how an individual effort and / or community actions on organ donation can be transformative from a personal or society's perspective. Participants may examine further on the relationship between people and organ donation within our society. Participants may also explore using organs in place of people in everyday life, and illustrating how this everyday life has changed or can change in future.

# ESSAY COMPETITION

## CATEGORY

**School - Junior<sup>1</sup>:** Sec 1 - 2

**School - Senior<sup>2</sup>:** Sec 3 - 5

**Open:** Age 13 and above

<sup>1</sup>including institutions offering Integrated Programme (IP) (Year 1 - 2)

<sup>2</sup>including institutions offering IP (Year 3 - 4)

## MAX. WORD COUNT

### Continuous Writing

Junior: 750 | Senior & Open: 1,500

### Situational Writing

Junior: 500 | Senior: 1,000

## SPECIFICATIONS

All essays should be typewritten and submitted in a word document format with the following formatting:

Arial font type, font size of 12 with 1.5 spacing, with clear paragraphing.

Participants will stand a chance to win attractive prizes and gain an opportunity to showcase their work publicly. All winning essays will be compiled and published into a book, distributed to all participating schools and at publicity events.

## Essay Topics

### SCHOOL - JUNIOR (SEC 1 - 2)

**Topic 1:** Describe how you feel after hearing the news about your family member or best friend receiving a heart transplant recently. Why do you feel this way?

**Topic 2:** Your classmate has been on dialysis for the past two years while being on the deceased donor kidney transplant waiting list. You noticed that he has been feeling dejected for a period of time and appears withdrawn from the rest of the class.

Write an email to your teacher, stating clearly:

- your observations on the classmate
- the possible reasons for these observations
- suitable class activities that you have planned to cheer him up

Write your email in clear and accurate English, in a polite and persuasive tone. You should use your own words as much as possible.

### OPEN

**Topic 1:** Generating positive mindset change on organ donation seems to be a daunting task. Discuss why this is so and how it can be overcome.

**Topic 2:** The year is 2050. Will donor's altruism be negated by advancement in transplantation?

### SCHOOL - SENIOR (SEC 3 - 5)

**Topic 1:** Do you agree that social media can make a positive impact on organ donation?

**Topic 2:** The Head of Co-Curricular Activities (CCA) of your school has tasked the student leaders of all CCA groups to be in the organising committee to plan and execute a project to raise awareness on organ donation and transplantation amongst the student population. This is also an opportunity to develop leadership skills for student leaders.

Write an email to the Head of CCA, stating clearly:

- your project idea and the execution plan
- how the student population will benefit from your project
- what have you learnt from your involvement as part of the organising committee
- why you think raising awareness on organ donation and transplantation amongst the student population is important

Write your email in clear and accurate English. Your tone should be polite and enthusiastic, showing genuine passion in the project that you have proposed.

## JUDGING CRITERIA

- (1) Relevance
- (2) Creativity
- (3) Language

## SUBMISSION CRITERIA

Max. Word Count (excluding title, references and footnotes)

### Continuous Writing

Junior: 750 | Senior & Open: 1,500

### Situational Writing

Junior: 500 | Senior: 1,000

All essays should be **typewritten** and submitted in a word document with the following formatting:

*Arial font type, font size of 12 with 1.5 spacing with clear paragraphing*

### Naming Your Essay

<Category>\_<Topic>\_School Name>\_<Participant's Full Name>

# ESSAY

COMPETITION

(Participants are to select an essay topic from the relevant category. MOE secondary students are encouraged to join the relevant School category.)

## TOPICS

### School (Junior) Sec 1 - 2

**Topic 1:** Describe how you feel after hearing the news about your family member or best friend receiving a heart transplant recently. Why do you feel this way?

**Topic 2:** Your classmate has been on dialysis for the past two years while being on the deceased donor kidney transplant waiting list. You noticed that he has been feeling dejected for a period of time and appears withdrawn from the rest of the class.

Write an email to your teacher, stating clearly:

- your observations on the classmate
- the possible reasons for these observations
- suitable class activities that you have planned to cheer him up

Write your email in clear and accurate English, in a polite and persuasive tone. You should use your own words as much as possible.

### School (Senior) Sec 3 - 5

**Topic 1:** Do you agree that social media can make a positive impact on organ donation?

**Topic 2:** The Head of Co-Curricular Activities (CCA) of your school has tasked the student leaders of all CCA groups to be in the organising committee to plan and execute a project to raise awareness on organ donation and transplantation amongst the student population. This is also an opportunity to develop leadership skills for student leaders.

Write an email to the Head of CCA, stating clearly:

- your project idea and the execution plan
- how the student population will benefit from your project
- what have you learnt from your involvement as part of the organising committee
- why you think raising awareness on organ donation and transplantation amongst the student population is important

Write your email in clear and accurate English. Your tone should be polite and enthusiastic, showing genuine passion in the project that you have proposed.

# LIVE ON

## Festival 2023



## THEMES

(Choose one)

**Category**  
School: All MOE secondary schools  
Open: No age limit

# DESIGN

COMPETITION

## SUBMISSION CRITERIA

### #1: My organ, my companion

invites participants to envision their organ(s) as their friend whom they would communicate with and/or befriend and to imagine going on an adventure together. If the organ(s) were your real life friends, what kind of activities would you engage in with them?

The selected organ(s) can be (i) a failing organ and you would like to bring this organ for a last adventure; (ii) a new organ and you would like to bring the new organ to try out activities that you previously could not do; or (iii) a healthy organ that you cherish deeply and would like to bring the organ for an adventure or to engage in your favourite activity.

### #2: Our transformative journey

invites participants to reflect or to imagine on (i) a past to present; or (ii) a present to future journey, showcasing how an individual effort and / or community actions on organ donation can be transformative from a personal or society's perspective.

Participants may examine further on the relationship between people and organ donation within our society. Participants may also explore using organs in place of people in everyday life, and illustrating how this everyday life has changed or can change in future.

## JUDGING CRITERIA

- (1) Adherence to theme (including designing the artwork for a tote bag)
- (2) Aesthetics quality (including displaying sense of composition of artwork printed onto tote bags)
- (3) Technical merit
- (4) Inventiveness & creativity
- (5) Personal response (artist statement)

### Naming Your Artwork

<Theme>\_<Full School Name>\_<Participant's Full Name>

Acronyms:

My organ, my companion - MOMC  
Our transformative journey - OTC

### Traditional Medium

Artwork must be between A4 to A3 size. Artwork must be flat and able to be scanned on a flatbed scanner.

### Digital Medium

**Adobe Illustrator:** A4 size, 300 dpi (2,480px on shortest edge, 3,580px on longest edge).

**Adobe Photoshop:** A4 size, 600 dpi (4,960px on shortest edge, 7,016px on longest edge).

**Autodesk Sketchbook / Procreate:** 3,508px on shortest edge, 4,960px on longest edge or artboard size of 594 x 841 mm (A1 size).

Artwork image should be submitted in .png file format with the working file, in CMYK coloured scheme. Outlines must be created for all fonts.

For digital entries, submitted using the online form, the uploaded artwork must be either in a compressed zip folder (the maximum file size for uploading of files onto the online form is 7MB) or through a weblink (with the artwork uploaded onto a third party website such as WeTransfer or Google Drive - access would need to be granted to [liveonlivetwice@notu.com.sg](mailto:liveonlivetwice@notu.com.sg)).

## Application Form for Live On Festival 2023 - Design Competition

*Deadline of Submission: 26 May 2023 (Friday)*

| <b>Student's Particulars</b>  |   |
|---|---|
| Full name<br>(in BLOCK letter)  |   |
| Date of Birth<br>(DD/MM/YYYY)   |   |
| School  |   |
| Class   |   |
| Citizenship   | <input type="checkbox"/> Singapore Citizen <input type="checkbox"/> Singapore Permanent Resident <input type="checkbox"/> Foreigner   |
| Email Address   |   |
| Contact Number  |   |
| Selected Theme  | <input type="checkbox"/> My organ, my companion <input type="checkbox"/> Our transformative journey   |
| Medium  | <input type="checkbox"/> Traditional Medium <input type="checkbox"/> Digital Medium   |
| Materials/ Media used<br><i>(You may select more than 1 material)</i> | <input type="checkbox"/> Acrylic Paint <input type="checkbox"/> Colour Pencil <input type="checkbox"/> Crayon <input type="checkbox"/> Digital Illustration <input type="checkbox"/> Markers<br><input type="checkbox"/> Oil Pastel <input type="checkbox"/> Oil Paint <input type="checkbox"/> Paper Cut <input type="checkbox"/> Pen <input type="checkbox"/> Pencil <input type="checkbox"/> Photography<br><input type="checkbox"/> Print Making <input type="checkbox"/> Silk Printing <input type="checkbox"/> Watercolour <input type="checkbox"/> Others: _____ |
| Title of Artwork  |   |
| Brief Description of Artwork<br><i>(Max 150 words)</i>                |   |
| <b>Judging Criteria:</b>  | <ol style="list-style-type: none"> <li>(1) Adherence to theme <i>(including designing the artwork for a tote bag)</i></li> <li>(2) Aesthetics quality <i>(including displaying sense of composition of artwork printed onto tote bags)</i></li> <li>(3) Technical merit</li> <li>(4) Inventiveness &amp; creativity</li> <li>(5) Personal response (artist statement)</li> </ol>  |

*\*Please submit your artwork (with name) to your respective school's teacher in charge/ general office together with this application form.*

This competition is organised by National Organ Transplant Unit. Submission of entries signify your acceptance of the terms and conditions listed on [www.liveon.gov.sg/festival.html](http://www.liveon.gov.sg/festival.html). If you have further queries, kindly contact us at 63213649/63265878 or [liveonlivetwice@notu.com.sg](mailto:liveonlivetwice@notu.com.sg)

## Application Form for Live On Festival 2023 - Essay Competition

*Deadline of Submission: 26 May 2023 (Friday)*

| Student's Particulars                      |   |  |  |
|--|---|--|--|
| Full name<br>(in BLOCK letter)             |   |  |  |
| Date of Birth<br>(DD/MM/YYYY)              |   |  |  |
| School                                     |   |  |  |
| Class                                      |   |  |  |
| Citizenship                                | <input type="checkbox"/> Singapore Citizen <input type="checkbox"/> Singapore Permanent Resident <input type="checkbox"/> Foreigner   |  |  |
| Email Address                              |   |  |  |
| Contact Number                             |   |  |  |
| Category                                   | <input type="checkbox"/> Junior (Sec 1 -2) <input type="checkbox"/> Senior (Sec 3-5) <input type="checkbox"/> Open  |  |  |
| Selected Topic                             | <b>Junior</b><br><input type="checkbox"/> #1: Describe how you feel after hearing the news about your family member or best friend receiving a heart transplant recently. Why do you feel this way?<br><br><input type="checkbox"/> #2: An email to your teacher about your observations on your classmate. | <b>Senior</b><br><input type="checkbox"/> #1: Do you agree that social media can make a positive impact on organ donation?<br><br><input type="checkbox"/> #2: An email to the Head of CCA on an organ donation awareness project. | <b>Open</b><br><input type="checkbox"/> #1: Generating positive mindset change on organ donation seems to be a daunting task. Discuss why this is so and how it can be overcome.<br><br><input type="checkbox"/> #2: The year is 2050. Will donor's altruism be negated by advancement in transplantation? |
| Title of Essay<br>(for continuous writing) |   |  |  |
| Word Count*                                |   |  |  |

*\*Limit: Junior: Continuous writing – 750; Situational writing – 500; Senior: Continuous writing – 1500; Situational writing – 1000; Open: 1500*

|                          |   |
|--------------------------|---|
| <b>Judging Criteria:</b> | (1) Relevance<br>(2) Creativity<br>(3) Language |
|--------------------------|---|

*\*Please submit your essay (with name) to your respective school's teacher in charge/ general office together with this application form.*

This competition is organised by National Organ Transplant Unit. Submission of entries signify your acceptance of the terms and conditions listed on [www.liveon.gov.sg/festival.html](http://www.liveon.gov.sg/festival.html). If you have further queries, kindly contact us at 63213649/63265878 or [liveonlivetwice@notu.com.sg](mailto:liveonlivetwice@notu.com.sg)